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## THE HEALING POWER OF WINE

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Dan Aykroyd on Wine

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Refreshing Whites From France, Austria

MAY 31, 2009



**New Releases: California** 

**88** Bonny Doon Le Cigare Volant California 2005 \$32 An elegant style, showing pleasing grapey wild berry, spice and subtle herb shadings, with a whiff of barryard. Medium- to full-bodied, this wins points for balance and complexity. Grenache, Mourvèdre, Syrah, Carignane and Cinsault. Drink now through 2014. 1,800 cases made.—J.L.



David Sinclair, Ph.D., Harvard Medical School